

Each capsule contains:

Fish oil concentrate	1,000mg
of which	
Eicosapentaenoic acid (EPA)	210mg
Docosahexaenoic acid (DHA)	150mg
Natural vitamin E	3mg*
*(30% EC RDA)	

Directions for use: Take 1 capsule 3 times daily with meals.

Ingredients: In a soft gelatine capsule: concentrated natural fish oil, natural tocopherols. Softgel composition (bovine gelatine[†], glycerol). [†]not suitable for vegetarians.

Contains: Fish and products thereof.

Guidance notice: This product is a dietary supplement and should be used in conjunction with food as part of a healthy balanced diet not as a substitute for such. This product is not intended for use by persons under the age of 16. This product is not intended to diagnose, cure or prevent any disease. Keep out of reach of children.



Store in a cool dry place away from direct sunlight.

reflex[®]

omega 3

high strength fish oil
contaminant free

dietary supplement

90 Capsules

reflex[®] Omega 3 capsules contain a concentrated natural fish oil with a high content of the omega 3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) in glyceride form. These fatty acids support the cardiac system, nervous system, brain and eyes.

reflex[®] Omega 3 capsules also contain natural tocopherols. To ensure safety and quality the fish oil used in this product is screened for pesticides, PCB's and heavy metals.

Environmental statement

All Reflex Nutrition production facilities are powered by 100% green renewable electricity.

Made in the UK by:

Reflex Nutrition Ltd, Units 1 & 2 Stockwell Lodge,
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