

Nutrition Information	Per 3 caps	% EC RDA
Magnesium	450mg	120
Zinc	30mg	300
Vitamin B6	10,5mg	750
Copper	1,000µg	100
Boron	1mg	*

*no EC RDA established

Directions for use: Take 3 capsules daily before bedtime.

Ingredients: In a 2 piece Gelatin[†] (Gelatin, Black Iron Oxide) Capsule: Magnesium Citrate, Microcrystalline Cellulose, Zinc Monomethionine, Maltodextrin, Magnesium Stearate, Pyridoxine Hydrochloride, Copper Aspartate, Sodium Borate, Silicon Dioxide. [†]not suitable for vegetarians.

Guidance notice: This product is a dietary supplement and should be used in conjunction with food as part of a healthy balanced diet not as a substitute for such. This product is not intended for use by persons under the age of 16. This product is not intended to diagnose, cure or prevent any disease. Keep out of reach of young children.



Store in a cool dry place away from direct sunlight.

reflex[®]

zinc matrix

zinc, magnesium, boron &
copper complex
dietary supplement

90 Capsules

zinc matrix is a uniquely synergistic mineral formula designed to support the demands of sports men and women.

zinc matrix contains high quality forms of copper and boron. Copper is included to help maintain an optimal ratio of zinc to copper within the body, and boron is added to help maintain a healthy bone structure.

All **reflex**[®] products are made to the highest standard. If for any reason you are not satisfied with this product please return it for a full refund. This does not affect your statutory rights.

Environmental statement

All Reflex Nutrition production facilities are powered by 100% green renewable electricity.

Made in the UK by:

Reflex Nutrition Ltd,
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